

# November 2019

## Cahawba Christian Academy



Cereal, Milk and Juice available daily  
Menu is Subject to change



**Nutrition Tip:** Snacks can play an important role in meeting kids' nutrient needs. Choosing foods from all of the food groups will give them the energy they need between meals.

### Monday

### Tuesday

### Wednesday

### Thursday

### Friday



\*Breakfast Burrito  
Spaghetti  
Green Beans  
Garlic Bread  
Dessert **1**

\*Sausage Biscuit **4**  
Hamburger  
FF  
Dessert

\*Pancakes **5**  
Chicken Patty  
Macaroni and Cheese  
Field Peas  
Dessert

\*Biscuit and Gravy **6**  
Meatball Sub  
Chips and Dip  
Dessert

\*Chicken Biscuit **7**  
BBQ Sandwich  
Baked Beans  
FF  
Dessert

\*Breakfast Pizza **8**  
Crispitos  
Rice and Beans  
Dessert

VETERANS DAY  
SCHOOLS OUT **11**  
  
DAYCARE OPEN

\*Pancake Wrap **12**  
Taco Salad  
Corn Nuggets  
Dessert

\*Biscuit and Gravy **13**  
Chicken Noodle  
Peas and Carrots  
Dessert

\*Chicken Biscuit **14**  
Baked Chicken  
Lima Beans  
Broccoli and Cheese  
Dessert

\*Sausage Biscuit **15**  
Cheeseburger Mac  
English Peas  
Dessert

\*Sausage Biscuit **18**  
Vegetable Soup  
Grilled Cheese  
Saltine Crackers  
Dessert

\*Pancakes **19**  
Pizza  
Corn  
Dessert

\*Biscuit and Gravy **20**  
Turkey and Cheese wrap  
Chips and Dip  
Dessert

\*Chicken Biscuit **21**  
Turkey and Dressing  
Green Beans  
Yams  
Dessert  
NO SPECIALS

\*Breakfast Burrito **22**  
Sack Lunches  
Hot Dogs  
Chips  
Dessert  
NO SPECIALS

THANKSGIVING HOLIDAY  
SCHOOLS OUT **25**  
  
DAYCARE OPEN

THANKSGIVING HOLIDAY  
SCHOOLS OUT **26**  
  
DAYCARE OPEN

THANKSGIVING HOLIDAY  
SCHOOLS OUT **27**  
  
DAYCARE OPEN

THANKSGIVING DAY **28**  
SCHOOLS OUT  
DAYCARE CLOSED

THANKSGIVING HOLIDAY **29**  
SCHOOLS OUT  
DAYCARE CLOSED